

HUMAN RESOURCE QUOTIENT

A-Z SOLUTIONS FOR EMOTIONAL WELLNESS

inspiroonline.com

PERFORMANCE IMPROVEMENT



**22% MORE LIKELY
TO REPORT HIGH
EMPLOYEE
ENGAGEMENT
(GALLUP)**



**DECREASE
ABSENTEEISM BY
UP TO 36%
(JOEM)**



**12% INCREASE
PRODUCTIVITY
(WHO)**



**TALENT RETENTION
28% HIGHER
(MERCER)**

COMPANY OVERVIEW

MISSION:



Inspiring positive mental health through expert guidance, compassionate care, and evidence-based therapies, creating a supportive environment for individuals to thrive.

VISION:



To be a leading provider of comprehensive psychological wellbeing services, fostering mental health and personal growth for individuals and communities.

HRQ: CORPORATE SERVICES

Elevating Your Corporate Enterprise with HRQ:

A-Z Solutions for Employee Wellbeing

At Inspiron, we understand that your employees are the backbone of your organization. To ensure their wellbeing and maximize their potential, we offer a comprehensive range of solutions known as the Human Resource Quotient (HRQ). With our HRQ services, we empower your teams and leaders with the tools they need to excel, both personally and professionally.



SOLUTIONS



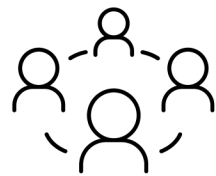
01

THERAPY & COUNSELING



02

PSYCHOMETRIC ASSESSMENTS



03

L&D PROGRAMS



04

EMPLOYEE ASSISTANCE PROGRAMS



05

WEBINARS AND LIVE SESSIONS



06

SELF-CARE TOOL KIT

KEY FEATURES AND BENEFITS

1

INNOVATIVE SOLUTIONS

We continuously explore and adopt the latest breakthroughs in mental healthcare to ensure you receive cutting-edge, evidence-based treatments.

2

PERSONALIZED CARE

We understand that every individual is unique. That's why we tailor our services to meet your specific needs and preferences, providing a personalized roadmap to recovery.

3

HOLISTIC WELLBEING

We don't just address the symptoms; we work towards enhancing your overall well-being, helping you build resilience and develop the skills to thrive in all aspects of life.

4

ACCESSIBILITY

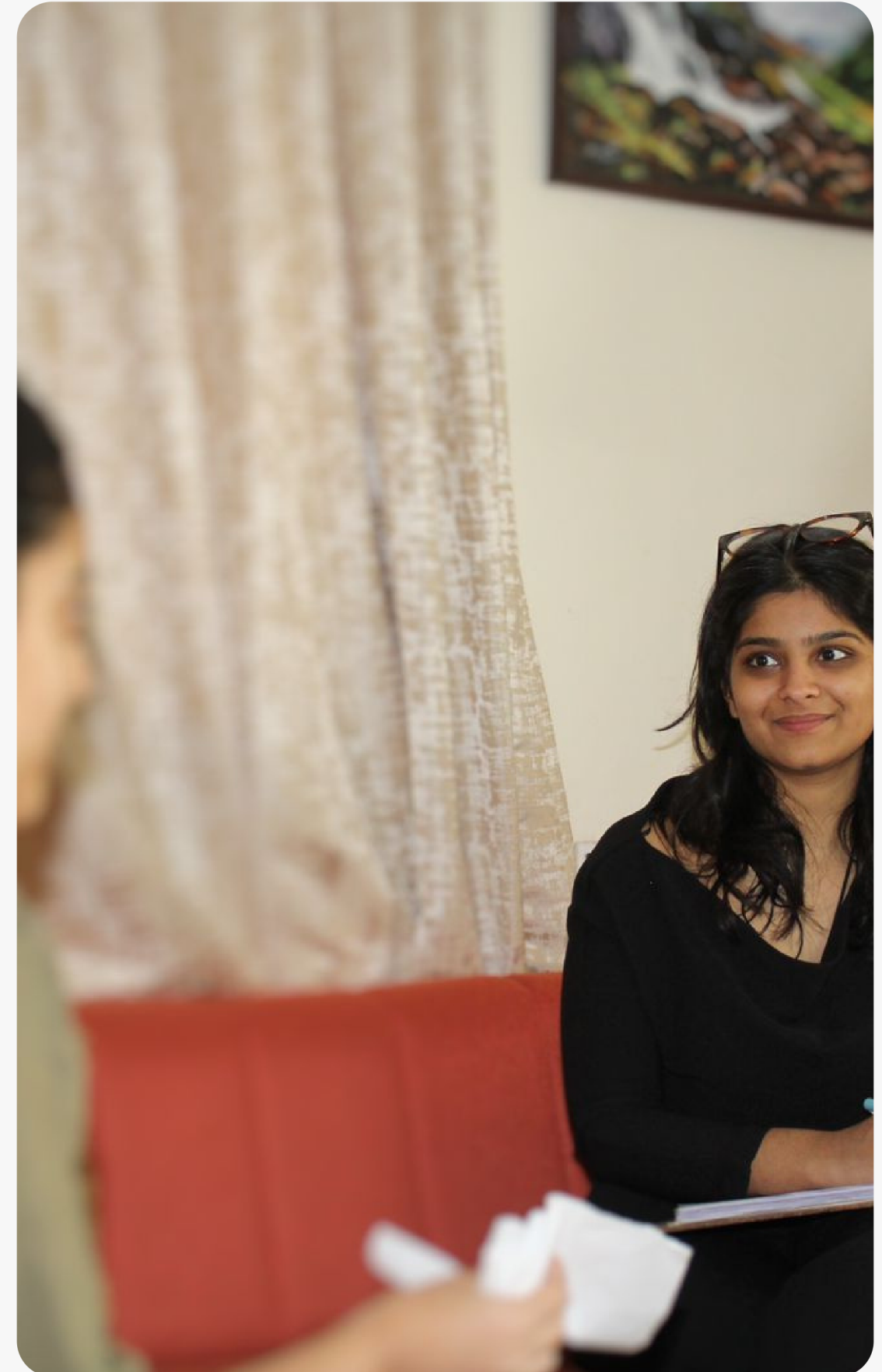
We believe that quality mental healthcare should be accessible to all. Whether you prefer in-person sessions or virtual appointments, we offer flexible options to suit your lifestyle.

INSPIRON:

Your Safe Sapce for Expression

Inspiron is not just a mental health service; it's a dedicated safe space where you can freely express your challenges, joys, and everything in between. Here's why you should choose Inspiron:

- ◆ Comprehensive Services
- ◆ Continuous Support
- ◆ Supportive network
- ◆ Your Well-Being Matters
- ◆ Holistic Approach
- ◆ Empathy and Support
- ◆ World-Class Experts
- ◆ Personalized Care
- ◆ Comfort and Trust
- ◆ Proven Therapies

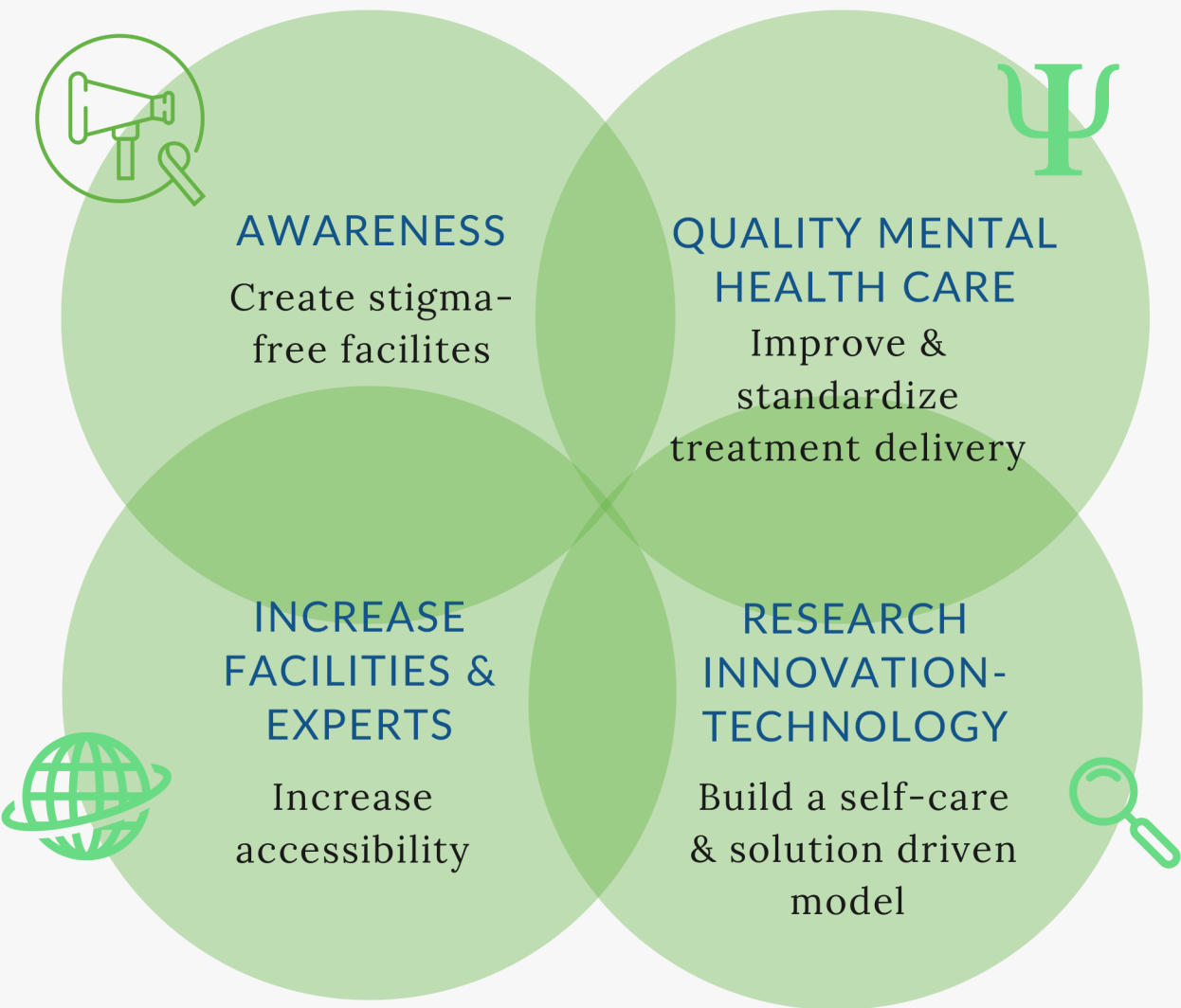




ABOUT INSPIRON

Inspiron is a pioneering mental health and well-being organization with a mission to empower individuals towards brighter futures. Established in 2011, we evolved to being India's first Psychological Well-being Cafe.

Recognized as the Best Mental Health Startup by Ayushman Bharath-Nitti Ayog, we collaborated with The Live Love Laugh Foundation and the Government of Karnataka. In 2023, we launched a Tele-medicine platform, marking a technological milestone. Having touched over 5,00,000 lives through diverse programs, Inspiron is dedicated to transforming mental health support with innovative approaches, including cafe spaces, outreach programs, and cutting-edge telemedicine solutions.



CLINICS	REHABILITATION CENTRES
TELE-MEDICINE PLATFORM	SCHOOL OF PSYCHOLOGY
HOSPITALS	R & D

MEET THE FOUNDER

- Top 5 renowned Psychologists in Bangalore
- Recipient of 10 Best Starts up in Bangalore- 'Mental health matters to her'
- 'Best Mental health care startup'- NITTI Ayog with Elets Technologies
- Responsible for half a million USD of Gross Revenue in business since 2017
- Top 3000 startups in India- IIM-C



Priyanka MB
Founder & CEO
Inspiron Psychological Well-
being Centre Pvt Ltd

MEET OUR TEAM

INSPIRON
PSYCHOLOGICAL WELL-BEING CENTRE



PRIYANKA MB



DR A JAGADISH



AHMED ASIF



FARDEEN R



SHIVANI D



KARTHIK R



ANIKHA SJ



DR SUDHARSHAN



MURALI K



PRACHI A



SABEERA N



JANAKI N



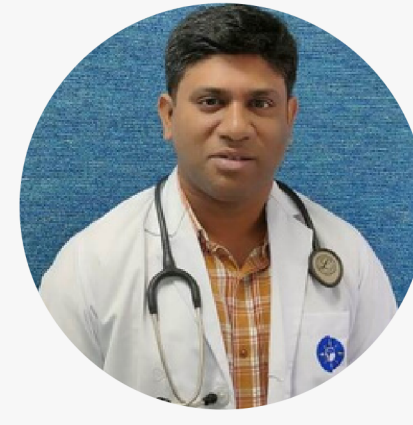
DR SRIDEVI J



SHRUTI



RADHIKA



DR PRAVEEN



DEVOLIKA K



YOUNUS

THANK YOU!

LET'S WORK TOGETHER

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